

Women and Anger: The Problem with Aggression

(WIN/PAR)

10 week Group Program

LOCATION: Catholic Family Development Centre, 380 Dufferin Street, Thunder Bay

The Centre will provide a safe space for women to explore actions and patterns that are damaging and self-destructive. Women will be supported to look at the power of anger, and ways to express it effectively.

**To register, please contact Christine @ 343-4558 or email
cgalati@catholicfamilycentre.ca**

Group Start Date: Thursday October 3, 2019

**Child care, unfortunately, is not available on site.
Bus passes can be provided upon request**



United Way
Thunder Bay

Catholic Family
Development Centre

