

# ANGER: FRIEND OR FOE?

## 12 Week Group Program for Men

Location: Catholic Family Development Centre, 380 Dufferin Street, Thunder Bay

This program provides a supportive space for men to share, discuss, and process their experiences with anger and other emotions.

To register, please contact the main office @ 345-7323 or email [cfdc@catholicfamilycentre.ca](mailto:cfdc@catholicfamilycentre.ca)

Group Start Date: (To be Determined)

Group Cost: \$450 for 12 sessions (alternative financial arrangements can be considered)

Bus passes can be provided upon request



**United Way**  
Thunder Bay

**Catholic Family**  
Development Centre

