



## Coffee Talk for Alpha Court Staff

Social work is a rewarding but challenging vocation. If you feel like you are struggling, know that you are not alone.

Join us at Catholic Family Development Centre for coffee, gain support from your peers and engage in community based educational presentations on several topics.

Drop-ins welcome!!

October 3<sup>rd</sup>, November 7<sup>th</sup>, December 5<sup>th</sup> 2019.... January 9<sup>th</sup> 2020, February 6<sup>th</sup>, March 5<sup>th</sup>, April 9<sup>th</sup>, May 7<sup>th</sup>, and June 4<sup>th</sup> from 4:30-6:30

If you have any questions, please contact Jack Cleverdon @ (807)343-4557