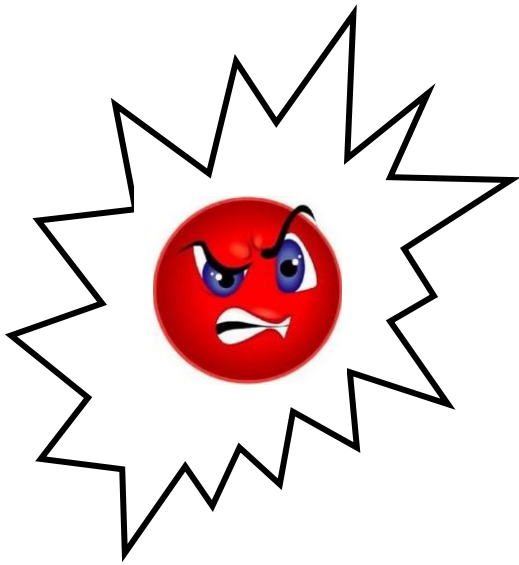


Anger Management Program

**An Education and Support Program for Individuals
Having Difficulties Managing Their Anger**

Do You Struggle With ANGER?



This **12 Weeks Intensive Anger Management Program** is intended to help individuals having challenges coping with their Anger. The sessions will include videos, ted talks and other related useful material in resolving Anger issues in partner relationships, and non-partner relationships.

Start Date: Thursday January 25th, 2018

Time: 6:30PM to 8:30PM

To register, please contact Matt or Ryan @ 807 345-7323

Catholic Family Development Centre (CFDC)
380 Dufferin Street, Thunder Bay, ON, P7B 1N6